

RECITAL MAKE-UP INSTRUCTION SHEET

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Cosmetics – Females *must* have some version of “stage” make-up. This will be helpful if you have never applied “stage” make-up before or just need a refresher. “Stage” make-up for all female dancers is required! Harsh stage lighting will show performers on stage without make-up appearing washed out. We want your dancers to look their best on stage! Males should *NOT* wear any make-up.

Note: Dancers need to have their hair properly styled and make-up applied for all of our dress rehearsals at Greendale High School (Friday, May 31st, Saturday, June 1st, Monday, June 3rd, Tuesday, June 4th, Wednesday, June 5th, and Thursday, June 6th) as well as the recital performances Saturday, June 8th, Sunday, June 9th, Monday, June 10th, Tuesday, June 11th and Thursday, June 13th and Friday, June 14th.

FOUNDATION:

Use **powder foundation and/or concealer one shade darker** than your child’s skin tone. This avoids looking “washed out” under the bright stage lights. Base should be applied to the face and neck, blending it into the hairline, chest and shoulders where skin is visible. Blend all lines of demarcation. Use a concealer on blemishes and any dark areas around the eye. Use loose powder over concealer to set make-up and prevent shine.

EYE SHADOW:

Apply **white / ivory base** shade from lash to brow line. Apply a dark shade of eye shadow, preferably **dark browns or dark grays**, to the eyelid. **DO NOT USE BLUE, GREEN, PURPLE, PINK, METALLICS, ETC.** Add extra white / ivory highlighter above the eye and just below the brow. Blend color up.

EYELINER:

Use **brown / black pencil**. **DO NOT USE BLUE, GREEN, PURPLE, ETC.** Eyeliner should be applied above and below the eye approximately two-thirds of the way starting at the inner corner. Smudge edges.

BLUSH:

Use **dark pink or red tones**. Blush should be applied to the cheek starting below the center of the eye and extending up and outward into the hairline by ears. Remember to not get too close to the eye and also to blend edges with a cosmetic sponge. Apply heavier and darker than a natural, everyday-wear blush.

MASCARA:

Curl eyelashes with eyelash curler. Using **brown / black mascara** apply first coat, let dry then apply a second coat. The use of natural looking false lashes is strongly suggested and might be easier when working with a younger dancer.

LIPSTICK:

Use **RED lipstick only**. (Coordinate lipstick & blush colors). **DO NOT USE HOT PINK, ORANGE, BURGUNDY OR BROWN TONES**. Outline natural edge of lips and fill in the entire lip area with a **red lip liner pencil** (helps lipstick last longer). Apply **red lipstick** over lip liner.

STAGE MAKE-UP SHOULD BE APPLIED HEAVIER THAN THE AVERAGE DAILY APPLICATION. BE SURE TO BLEND ALL LINES OF DEMARCATION WITH A COSMETIC SPONGE.

